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Eddy

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(54) **PORTABLE LEG EXERCISER AND MOBILITY ENHANCEMENT SYSTEM**

(56) **References Cited**

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(57) **ABSTRACT**

A system (100) and method (400, 500) to exercise the leg and enhance mobility after a variety of injuries or surgery is disclosed. The system could include a chair leg anchor (104), a leg wrap (102), a stationary pulley (110) secured to the chair leg anchor, a movable pulley (108) secured to the leg wrap, a rope (106), and a handle (112). The rope could be threaded from a first end secured to the chair leg anchor, through the movable pulley, through the stationary pulley, and to a second end secured to the handle.

(51) **Int. Cl.**
A63B 21/00 (2006.01)

(52) **U.S. Cl.** 482/131; 482/907; 482/79

(58) **Field of Classification Search** 482/131, 482/907, 79, 91

See application file for complete search history.

10 Claims, 6 Drawing Sheets

