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(12) United States Patent Eddy

(54) PORTABLE LEG EXERCISER AND MOBILITY ENHANCEMENT SYSTEM

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(58) Field of Classification Search

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(57) ABSTRACT

A system (100) and method (400, 500) to exercise the leg and enhance mobility after a variety of injuries or surgery is disclosed. The system could include a chair leg anchor (104), a leg wrap (102), a stationary pulley (110) secured to the chair leg anchor, a movable pulley (108) secured to the leg wrap, a rope (106), and a handle (112). The rope could be threaded from a first end secured to the chair leg anchor, through the movable pulley, through the stationary pulley, and to a second end secured to the handle.

4 Claims, 7 Drawing Sheets

